

TREK

welcome to the planet **WHY AM I HERE???**

Week one term one 14th-20th Feb 05



[trek] introduction

[trek] is a daily tour guide to help you journey into the bible. Its aims are for you to:

t - train you to live God's way

r - remind you God is the one who saved you, through Jesus

e - encourage you to tell others about Jesus

k - know the truth so you can't be tricked by lies

[trek] is all about journeying into the bible because it is only in the bible that God speaks to us clearly and completely. When we read the bible, we are hearing what God has to say to us today. That is a seriously special thing! So get into it.

TREK 1 Reflections or questions I have...

TREK 2 Reflections or questions I have...

TREK 3 Reflections or questions I have...

TREK 4 Reflections or questions I have...

TREK 5 Reflections or questions I have...

END OF WEEK...

[trek day 1] GROWING UP [14-20feb]

When you're a baby you live on milk... but the normal expectation is that when you grow up you live on solid food. The same can be said about the Christian life. When you are young you may be on milk... but as you grow up you start to bite into more meaty stuff that you can chew on.

READ Hebrews 5:11-6:3

What will the life of the mature one look like?

Pray... Ask God that he would help you to continue to grow up and be mature.

[trek day 2] Changing clothes [14-20feb]

The best thing about getting dirty is taking off the grubby clothes and putting on a fresh set. When Christians put their trust in Jesus' death & resurrection they are to no longer live the old life but live the new life. In today's passage it is described like taking off your old clothes and putting on your new.

READ Col 3:1-17

Where are Christians to have their hearts & minds? [vv1-4]

What things do you personally need to put to death?
What things to you need to clothe yourself with?

Pray... ask God to keep helping you to change into your new self.

[trek day 3] GIVE in service of others [14-20feb]

Our 4th purpose is that of GIVING ourselves in service of others. This is often called ministry.

READ 1 Peter 4:7-11

What are some suggested ways in this passage that we can serve?

Pray... thank God that Jesus served us by laying down his life.

[trek day 4] Laying down your life [14-20feb]

Jesus shows us what it truly means to serve when he lay down his life for us. As followers of Jesus, He calls us to live radical lives of service to others as well.

READ 1John 3:16-20

What o you think v16 means?

Pray... Ask God to help you to serve others.

[trek day 5] the GOSPEL of JC's D & R [14-20feb]

GOSPEL... our 5th purpose... We hear the word often enough but what does it mean?? Gospel = GOOD NEWS.

READ 1 Corinthians 15:1-8

What is the gospel according to these verses?

Pray... thank God that Jesus died, that he was buried, and that he was raised again. Ask God that he would help you to hold firmly to this gospel.

[trek] instructions

To get the most out of **[trek]**, work out a time each day when you can read the bible using **[trek]** for 5-10 minutes (by all means read for longer). There are 5 readings. Here's how we suggest you use **[trek]** each day:

- 1) Ask God to help you understand this part of the bible.
- 2) Read the part of the bible for that day.
- 3) As you think about the passage, answer the questions. (Writing may help)
- 4) Thank God & ask him to help you obey what this passage says.
- 5) Put what you've learnt into practice in your life.

NOTE: Much more can be said about each passage... you may use the "reflections or questions I have..." box for further thought.